

# THE LONGBOAT INN



## Lunch

Served from 12 noon - last orders 4.30pm

### Soup of the Day - £6.45

Please see the board for today's variety - served with freshly baked bread & Cornish butter (V, GFA, VGA)

### Jacket Potato - £4.95

Served with Cornish butter, dressed salad & homemade coleslaw (V, VGA, GF)  
Add ham, cheese, bacon, sausage, beans or mushrooms - £1.00 per item, add tuna mayo - £2.50

### Sandwiches

A choice of fresh farmhouse thick cut white or granary bread, served with dressed salad & homemade coleslaw:

### BLT - £7.45

Bacon, lettuce & tomato (GFA)

### Cornish Ham & Mustard - £7.45

Home cooked local ham & wholegrain mustard (GFA)

### Tuna Mayo - £7.45

Tuna & mayo (GFA)

### Cornish Cheese & Relish - £7.45

Cornish Davidstow cheddar with apple chutney

### Tuna Melt Baguette - £7.95

Tuna mayo, topped with melted cheese & served in a freshly baked baguette (GFA)

### Steak Baguette - £13.95

8oz - 10oz rump, cut into strips, pan fried with mushrooms & red onions, served in a freshly baked baguette (GFA)

### Bacon & Brie Baguette - £8.95

Bacon & melted brie served in a freshly baked baguette (GFA)

## Tasty Treats

### Cakes & Bakes - from £1.75

Choose from a selection of homemade cakes & bakes. Please ask a member of the team for today's choices.

### Cornish Cream Tea - £6.50

Homemade scones, strawberry jam and lashings of Cornish clotted cream, served with a pot of tea or Americano coffee

### Toasted Teacake - £2.50

Locally baked & served with Cornish butter

## Golden Years

A range of smaller meals, exclusively for our guests aged 60 & over, served from 12 noon - last orders 8.30pm

### 2 Courses - £8.95

### 3 Courses - £10.45

Please see our 'Golden Years' board or ask any member of the team for today's choices.

## Starters

Served from 12 noon - last orders 8.30pm

### Soup of the Day - £6.45

Please see the board for today's variety - served with baked bread & Cornish butter (V, GFA, VGA)

### Homemade Fried Chicken Goujons - £8.45

Coated in our own blend of mixed herbs and spices, served with dressed salad & mayonnaise (GFA)

### Homemade Fish Goujons - £8.95

Served with dressed salad & homemade tartare sauce (GFA)

### Breaded Mushrooms - £7.95

Served with dressed salad & homemade creamy garlic mayo dip (V)

### Breaded Brie - £8.45

Served with dressed salad & cranberry sauce (V)

Served every Sunday from 12 noon

## Sunday Roast Dinner

### Large Roast Dinner - £12.95

Choose from Cornish beef, pork, turkey or nut roast, served with all the trimmings & real gravy

### Small Roast Dinner - £10.95

As above - just a smaller portion

Last orders for Sunday Roast Dinner 8.30pm

## Mains

Served from 12 noon - last orders 8.30pm

### Cornish Rump Steak - £20.95

8-10oz steak, cooked to your liking and served with peas, tomato, mushrooms, handcut chips & onion rings (GFA)

### Cornish 8oz Burger - £14.50

8oz beef burger with bacon, Cornish Davidstow cheddar, mayo, lettuce, sliced tomato & red onion, served in a toasted bun with handcut chips & onion rings (GFA)

### Homemade Chicken Burger - £14.50

Coated in our own blend of mixed herbs and spices, with mayo & lettuce, served in a toasted bun with handcut chips & onion rings (GFA)

### Chicken Melt - £14.50

Topped with grilled bacon & melted Cornish Davidstow cheddar, served with handcut chips & dressed salad (GF)

### Battered Catch Of The Day - £14.95

Served with handcut chips, garden or mushy peas, a wedge of lemon & homemade tartare sauce (GFA)

### Wholetail Breaded Scampi - £14.45

Served with handcut chips, garden peas, a wedge of lemon & homemade tartare sauce

### Newlyn Fish Burger - £13.95

Home battered Newlyn fish in a toasted bun with lettuce & tartare sauce, served with handcut chips, onion rings & a wedge of lemon (GFA)

### Homemade Mixed Bean Curry - £12.95

Served with Basmati rice, naan bread, poppadum & mango chutney (GFA, VGA)

### Gourmet Vegetarian Burger - £13.50

Plant based patty (soya) in a toasted bun with mayo, lettuce, sliced tomato & red onion, served with handcut chips & onion rings (GFA)

### Chicken Balti - £14.50

Chicken cooked in our homemade Balti sauce and served with Basmati rice, naan bread, poppadum & mango chutney (GFA)

### Ratatouille - £13.50

Served with Basmati rice & garlic bread (V, VGA)

### Grilled Hake - £17.95

Locally caught Hake loin, grilled and served with a herb butter, baby potatoes & vegetables of the day (GF)

### Gammon Steak - £14.95

10oz - 12oz horseshoe gammon, served with handcut chips, fried eggs & garden peas (GF)

### Ploughman's / Huntsman's Salad - £12.95

Choose from Cornish Davidstow cheddar or Cornish ham, served with a dressed salad, homemade coleslaw, pickled onions, chutney, freshly baked bread & Cornish butter (V, GFA)

See our 'Homemade Specials' board for more options...

## Sides

Handcut Chips (V, GF, VG) - £3.50

Cheesy Chips (V, GF) - £4.25

Onion Rings (V, GFA) - £3.95

Dressed Salad Bowl (V, GF) - £2.95

Homemade Coleslaw (V, GF) - £2.95

Garlic Baguette (V, VG, VGA) - £3.95

Cheesy Garlic Baguette (V, GFA) - £4.95

Vegetables of the Day (V, GF) - £2.50

Garlic Butter (V, GF, VGA) - £2.50

Potatoes of the Day (V, GF) - £2.50

Bread & Butter (V, GFA) - £0.75

Peppercorn Sauce - £3.95

## Desserts

### Crumble of the Day - £6.45

Served with Cornish clotted cream, ice cream or custard

### Death By Chocolate - £6.45

Served with Cornish clotted cream, ice cream or custard (GF)

### Cornish Ice Cream Sundae - £6.45

Choose from strawberry or chocolate nut

### Cornish Ice Cream Scoops - £5.45

Choose 3 scoops from vanilla, strawberry, chocolate or our special flavour of the week

### Callestick Ice Cream Tub - £2.50

Choose from vanilla, strawberries & cream or chocolate fudge

### Cheesecake Of The Week - £6.45

Homemade cheesecake, served with a dollop of Cornish clotted cream

### Treacle Sponge Pudding - £6.45

Homemade sponge pudding served with custard

### Cornish Cheeseboard - £7.95

Cornish Davidstow cheddar & Cornish brie served with crackers, apple chutney & grapes or apple

(V) Vegetarian, (GF) Gluten Free, (VG) Vegan, (GFA) Gluten Free available, (VGA) Vegan available.

**Food Allergens:** If you have a food allergy or intolerance and would like more information on the ingredients we use, please ask your server before ordering your food. Whilst we take steps to minimise the risk of cross contamination when preparing your order in our kitchen, the operational constraints and layout of our kitchen does not have specific allergen free areas and we cannot fully guarantee the separation of all allergens.

# Wine List

## White Wine

### Roos Chenin Blanc

From SOUTH AFRICA - medium-dry tropically inspired, succulent and juicy in the best Cape tradition.

Glass 125ml £3.80, 175ml £5.50, 250ml £7.10  
Bottle £21.00

### Sapuri Inzolia Pinot Grigio

From ITALY - elegant and soft 'PG' with oodles of fruit. An easy drinker.

Glass 125ml £4.00, 175ml £5.70, 250ml £7.40  
Bottle £22.00

### Santiago Sauvignon Blanc

From CHILE - grassy, vibrantly fresh Sauvignon from Valle Central made by a talented young winemaker.

Glass 125ml £4.20, 175ml £5.80, 250ml £7.80  
Bottle £23.00

### Gravel & Loam Malborough Sauvignon Blanc

From NEW ZEALAND - A zingy refreshing dry white wine with gooseberry, herbs, melon and lime citrus notes on the nose and the palate.

Glass 125ml £5.40, 175ml £7.40, 250ml £10.10  
Bottle £30.00

### Nugan Estate 3rd Generation Chardonnay

From AUSTRALIA - white peach and nectarine with lashings of toasted nuts and all-spice - perfect with creamy Poultry dishes.

Glass 125ml £4.70, 175ml £6.40, 250ml £8.80  
Bottle £26.00

### Vignerons de Florensac, Picpoul de Pinet

From FRANCE - these grapes are picked 'a stones throw' away from hundreds of mussel and oyster beds on the South coast of France. The salty sea air helps to create a crisp white born to go with seafood.

Only available as a bottle - £29.00

## Rose Wine

### Sapuri Inzolia Pinot Grigio Blush

From ITALY - juicy fruit dry rose, with a gentle finish.

Glass 125ml £3.80, 175ml £5.50, 250ml £7.10  
Bottle £21.00

### Hilmar Spring Zinfandel Blush

From USA - medium sweet pink from the Golden State, flavours of candy floss and strawberry.

Glass 125ml £3.80, 175ml £5.50, 250ml £7.10  
Bottle £21.00

## Red Wine

### Roos Pinotage

From SOUTH AFRICA - robust with loads of brooding, dark, smoky black fruit flavours.

Glass 125ml £3.80, 175ml £5.50, 250ml £7.10 - Bottle £21.00

### The Accomplice Shiraz

From AUSTRALIA - a stylish Aussie red with a mischievous name. Blackberry and black pepper spice here.

Glass 125ml £4.40, 175ml £6.40, 250ml £8.40 - Bottle £24.00

### Santiago Merlot

From CHILE - you can't go wrong with a Merlot.

The soft, plummy red is a real crowd pleaser.

Glass 125ml £4.00, 175ml £5.70, 250ml £7.40 - Bottle £22.00

### Hilmar Springs Zinfandel

From USA - this will blow your socks off with powerful and sweet favours of black cherry.

Glass 125ml £4.20, 175ml £5.80, 250ml £7.80 - Bottle £23.00

### Para Dos Malbec

From ARGENTINA - Malbec is always a popular choice to go with red meat because its bold fruit really stands up to big flavours. Argentina doing what they do best!

Glass 125ml £4.60, 175ml £6.60, 250ml £8.50 - Bottle £25.00

### Manoso Rioja Crianza

From SPAIN - after being sat in impressive oak barrels for a whole year this mouth-watering Rioja is smooth and lingers on your palate.

Only available as a bottle - £32.50

## Sparkling Wine

### Di Maria Prosecco Mini Bottle

Single serve or to share (at a pinch!)

From ITALY - a great way to kick off your meal.

200ml Mini Bottle - £8.50

### Di Maria Prosecco

From ITALY - apple fresh fizz from Northern Italy.

A lower pressure results in an easy drinking, gentle bubbly.

Only available as a bottle - £26.00

### Vallformosa Alcohol Free Cava

(0%ABV) From SPAIN - this Cava is a pale yellow in colour and has a soft and pleasant entry, with an imposing structure to the palate, tropical aromas, leaving a delicate and long lasting aftertaste.

Only available as a bottle - £19.50

### Fluteau Blanc de Noirs Champagne

From FRANCE - a high quality, elegant Champagne made from grapes solely grown on the family's 8 hectares of vineyards. Toasty, bright and full of lemon freshness.

Only available as a bottle - £45.00

# Spirits

## Gin

Tarquins 25ml £3.70

Tarquins Special Edition 25ml £4.30

Gordons/Pink 25ml £3.40

Guest Gin 25ml £3.90 (Please ask)

## Rum

Dead Mans Fingers 25ml £3.70

The Kraken 25ml £3.90

Bacardi 25ml £3.45

Morgan Spiced 25ml £3.45

Lambs 25ml £3.45

Twin Finn 25ml £3.70

## Vodka

Aval Dor 25ml £3.90

Smirnoff 25ml £3.45

Absolute 25ml £3.50

Guest Vodka 25ml £4.00 (Please ask)

## Tequila

Silver Patron 25ml £3.55

Silver Blanco 25ml £3.45

## Whiskey

Jack Daniels 25ml £3.50

Famous Grouse 25ml £3.45

Jamesons 25ml £3.60

Fireball 25ml £3.45

Hell Stone (Local) 25ml £4.30

Single Malts 25ml £4.40

(Laphroig, Talisker or Glenfiddick)

## Other Spirits

Courvoisier 25ml £4.05

Southern Comfort 25ml £3.45

Jack Daniels Honey 25ml £3.50

Archers 25ml £3.45

Tia Maria 25ml £3.45

Baileys 50ml £3.80

Cornish Pastis 25ml £3.75

Cointreau 25ml £3.45

## Cornish Mead

Mead Wine 100ml £4.20

Blackberry, Elderberry, Strawberry, Honey, or Cherry

Mead Fizz 50ml £3.50

## Sherry

Bertola Fino 50ml £3.20

Dry and fresh - a mouth-watering aperitif.

Bertola Pedro Ximenez 50ml £4.50

Lusciously sweet, liquid raisins. Drink as a dessert wine or poured over ice cream!

## Port

Ramos Pintos Adriano White Port 50ml £4.50

Ramos Pinto Collector Ruby Port 50ml £4.30

Ramos Pinto Late Bottled Vintage 50ml £5.70

# Cocktails

Aperol Spritz £8.40

Aperol, Prosecco & soda

Amaretto Fruit Kiss £8.40

Amaretto, orange juice & cranberry juice.

Malibu Breeze £8.40

Malibu, pineapple juice & cranberry juice.

The Cornish Storm £8.40

Kraken rum, sugar syrup, ginger beer, lime juice & bitters.

Cornish Elderflower G&T £8.40

Tarquins Gin, elderflower cordial & tonic.

Cornish Spiced Mojito £8.40

Dead Mans rum, lime, sugar syrup, mint & soda.

If you don't see a drink you'd like please just ask - we're here to help!

# Beer and Cider

## Draught Beers

Fosters (4%) Pint £4.85, Half £2.45

Amstel (4.1%) Pint £5.00, Half £2.50

Birra Moretti (4.6%) Pint £5.50, Half £2.75

Heineken (5%) Pint £5.40, Half £2.70

Guinness (4.1%) Pint £5.20, Half £2.60

Strongbow (4.5%) Pint £5.10, Half £2.55

Old Mout Berries & Cherries (4.0%)

Pint £5.70, Half £2.85

Inch's Cider (4.5%) Pint £5.10, Half £2.55

Tribute Cornish Ale (4.2%) Pint £4.80, Half £2.40

Guest Ales Pint £4.80, Half £2.40

## Bottled Beers

Estrella (5.4%) 330ml £4.80

Heineken (5.0%) 330ml £4.80

Birra Moretti (4.6%) 330ml £4.80

Tiger (5.0%) 330ml £4.80

Sol (4.5%) 330ml £4.80

Desperados (5.9%) 330ml £4.80

Heineken 0.0 (0.0%) 330ml £3.80

## Bottled Ciders

Bulmers Original (4.5%) 500ml £5.50

Bulmers Berry & Lime (4%) 500ml £5.50

Old Mout (4.0%) 500ml £5.50

Berries & Cherries, (inc Alcohol Free), Kiwi & Lime, Strawberry & Pomegranate or Watermelon & Lime.

# Soft Drinks

Cornish Orchards £3.10

Elderflower Presse, Cloudy Lemonade, Ginger

Beer, Coke, Diet Coke, Coke Zero or Sprite

330ml Bottle £2.80

Draught - Cola, Coke Zero or Sunkist Lemonade

Pint £3.40, Half £1.75, Dash £0.75

Appletiser £2.90

Fruit Juices £2.35

Apple, Orange, Cranberry, Pineapple, Grapefruit or Tomato.

J20 £3.10 Orange & Passionfruit or Apple & Raspberry.

Cornish Still Water 250ml £2.40, 750ml £4.15

Cornish Sparkling Water 250ml £2.40, 750ml £4.15

## Mocktails

Spikey Hedgehog £4.25

Cranberry juice, Grenadine, lime juice & soda.

St Clements £4.25

Orange juice & bitter lemon.

Shirley Temple £4.25

Ginger Ale or Sprite & Grenadine.

Virgin Mary £4.25

Tomato juice, lemon juice, Worcestershire sauce & Tabasco.

## Milkshakes

Made with Cornish Ice Cream - choose from **Vanilla, Chocolate, Strawberry, Butterscotch, Caramel, Gingerbread, Hazelnut** or **Banana** - all £3.80

## Smoothies

Berry Bonanza £3.80

Raspberry, blueberry, strawberry & apple juice.

Tropical Crush £3.80

Mango, pineapple, strawberry, kiwi & orange juice.

Pink Banana £3.80

Strawberry, banana & apple juice.

Add a shot of Flavoured Syrup to your coffee or hot chocolate £0.60

# Hot Drinks

## Coffee

Espresso Single £1.80

Macchiato £2.20

Cappuccino £3.10

Flat White £2.80

Babyccino £1.20

Babyccino served with marshmallows or flaky chocolate.

Espresso Double £2.30

Americano £2.85

Latte £3.10

Mocha £3.10

Decaf Coffee £2.85

## Hot Chocolate

Hot Chocolate £2.85

Luxury Chocolate £3.20

Luxury Chocolate served with cream & marshmallows.

## Tea

Wide variety of teas & fusions available - all £2.50

Please note - due to availability and demand, wines may be replaced with an alternative of the same quality.